

If you get a letter from a therapist, you do not have to work!

In NYC, some public assistance/welfare requires you to work.

welfare work work

You can get a letter from a therapist explaining why you need a single room (by yourself) for your mental health.

have to share a room with other people, it is possible to get a room alone.

If you live in a shelter where you have to share a room with other

s pnittəə moofi əlpnis These tips/tricks make it a little more pleasant to live without a house, but the ultimate goal is for everyone to have permanent housing!

These are some tips learned from years of navigating the shelter system.









